

CANADA - UNITED KINGDOM COLLOQUIUM 2019

AGEING WELL

Policy implications of changing demographics
and increasing longevity in UK and Canada



22-24 November 2019

The Møller Centre
University of Cambridge



CANADA-UK COLLOQUIUM 2019
MØLLER CENTRE, CAMBRIDGE

AGEING WELL

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Dear Colleagues,

On behalf of the UK Council of Canada-UK Colloquia, it is my pleasure to welcome all participants. Cambridge is a particularly appropriate venue for this year's meeting because the University's Canadian Vice Chancellor, Stephen Toope, has long been a supporter of CUKC. He was already involved with these meetings in his former capacity as Director of what is now the Munk School of Global Affairs and Public Policy in Toronto.

The Canada-UK Colloquia have focused on many topical issues of public policy over the decades, but none more urgent and important, perhaps, than the question of how we respond to the shift towards longer, healthier lives and larger populations of older people. The trends are similar in both countries, and I have no doubt that there is much we can learn from one another about how best to respond.

Earlier this year, the then Prime Minister very kindly wrote a letter of support for this colloquium. She has since stepped down, but we have thought it right to include her letter in this programme rather than to pester her successor for another. He has enough on his plate!

I would like to thank all our sponsors for their support of this meeting, without which it would not have been possible. I would also like to thank those who have contributed, on both sides of the Atlantic, to planning the colloquium.

Anthony Cary
Chair





THE PRIME MINISTER



10 DOWNING STREET
LONDON SW1A 2AA

The longstanding friendship between the UK and Canada means that it is natural for us to seek to work together. As we affirmed during our meeting last November at the G20, Prime Minister Trudeau and I are determined not just to conserve this relationship, but to strengthen it by taking full advantage of the opportunities for our countries to cooperate and learn from each other.

To that end, we have established new official mechanisms to promote regular high-level dialogue and we welcome the role played by industry, civil society, academia and other such informal networks. The annual Colloquium, which explores issues of mutual concern chosen with the support of both Governments, is one important channel for this effort.

This year's Colloquium in Cambridge will be looking at the topic of ageing, one of the Grand Challenges in the UK's Industrial Strategy and relevant to Canada because we share the same challenges – an ageing population, the need to provide dignified, high-quality care and medical support where it is needed, and to fight the scourge of loneliness which afflicts many old people. It is good that we look together at how we can ensure that, within the next two decades, people can enjoy extra years of healthy, independent life. We also need to consider what new challenges and opportunities are being created by the changing demographic structure of our societies, and what public policies will need to be deployed as a result. These are some of the crucial questions facing our countries, and our responses will be better if we work together to look for solutions.

I am delighted this key area of policy has been chosen for the 2019 Colloquium and I offer a warm welcome to all participants.

November 2019





AGEING WELL

CANADA-UK COLLOQUIUM 2019

MØLLER CENTRE, CAMBRIDGE

What are the challenges and opportunities, for Britain and Canada, of demographic shifts towards longer lives and larger populations of older people? What should be the public policy responses?

Chair: Lord (Geoff) Filkin (Chair of the Lords Select Committee on Public Services and Demographic Change which published “Ready for Ageing?” in 2013).

Friday 22nd November – Briefing Day

St John’s College, Cambridge

08.00 BUFFET BREAKFAST

08.45: Depart Møller Centre on foot for St John’s College

Case Studies and Presentations

09.10: Introductions

09.15: Tina Woods (Co-founder and CEO Longevity UK) and **Lord Geoffrey Filkin** Improving healthy life expectancy in England - why and how.

10.00: Prof Carol Brayne (Cambridge Inst of Public Health)

10.45: COFFEE BREAK

11.00: Helena Herklots, Welsh Commissioner for Older People - The Welsh experience

12.00: Dr. Samir Sinha, Provincial Lead Ontario Seniors Strategy - The Ontario Experience

13.00: LUNCH with a welcome to the University of Cambridge from Prof Eilís Ferran, Pro-Vice-Chancellor

14.00: Visit to St John’s Old Library

15.00: Melanie Wicklen, CEO AgeUK Cambridge

15.30: Anika Krause – LinkAges intergenerational housing project

16.00: Return to Møller Centre on foot

16.30 TEA

18.00: Depart Møller Centre for St John’s by bus

18.30: Evensong at St John’s College

19.15: Depart on foot for Darwin College





19.30: DRINKS AND DINNER AT THE OLD LIBRARY, DARWIN COLLEGE

21.30: Return to Møller Centre by bus

Saturday 23rd November

08.15: BUFFET BREAKFAST

09.00: Introductions

Session 1: Demographics

09.15: UK lead: Prof Sarah Harper (Oxford University)

Canada lead: Dr. Parminder Raina, Lead of the Canada Longitudinal Study on Ageing

Discussion on the basis of a short factual paper looking ahead 10-20 years. Both UK and Canada expect to have larger older populations (both in absolute terms and proportionately), and these populations will tend to live longer lives.

Thematic questions:

- What are the projections in Canada and UK for the number of older people, life expectancy and healthy life expectancy?
- How does this vary socially?
- What are the links to migration?
- What drives well-being in later life, and how does it vary?
- Do UK and Canada face similar trends?
- Is there good awareness of them?
- Are they seen as problems or opportunities?

Session 2: Economics of an Ageing Population

10.15: UK lead: Paul Johnson, Director, Inst of Fiscal Studies

Canada lead: Graham Fox, President, Institute for Research on Public Policy

Discussion again on the basis of a background briefing paper. Larger older populations make more demands on the state for income support, pensions, health care and social care.

Thematic questions:

- How are the governments in Canada and UK responding to predicted increases in aggregate demand?
- Can good state-funded services be afforded?
- Who should pay for what individually, collectively and between the generations?

- Does the balance between personal responsibility and state provision need to change?
- What are the implications for social protection systems, as fewer workers support a growing proportion of retirees?
- Are our societies adequately provisioned?
- Should the role of the Voluntary and Community Sector (VCS) be further developed and even institutionalised?
- How can we best realise the benefits of a larger population of older people – e.g. in terms of labour supply, skills, tax revenue and new business opportunities, not least in the field of design?

11.15: COFFEE BREAK

Session 3: Health Care and Healthy Ageing

11.30: **UK lead: Nigel Edwards**, Chief Executive, Nuffield Trust

Canada lead: Prof. Howard Bergman, Chair of Family Medicine, McGill University

An ageing population poses significant challenges for health and care systems.

Thematic questions:

- Are the issues well exposed and addressed in each country?
- Should the focus shift from treatment of the diseases of old age to targeted interventions to improve the health of younger cohorts - especially for low socio-economic status groups, to reduce post-retirement inequalities?
- What public policies will help to ensure that more people are able to enjoy not just good health in later life, but lives with meaning, purpose and social connection?
- Does 'social prescription' have a part to play?
- What work is in hand to reshape health and care systems for an ageing society?
- Is enough being done to integrate acute care and social care?
- What new technologies will have the greatest impact (positive, but also potentially negative) in achieving these objectives?

12.30: LUNCH

Session 4: Older People - Self-reliant or vulnerable?

13.45: **UK lead: Lawrence Churchill** – Chairman of the Pensions Policy Institute

Canada lead: Dr Bonnie-Jeanne MacDonald – Director of Financial Security Research, National Institute on Ageing

Many people alive today are likely to live ten years longer than their parents. To generate enough income for a longer life they may need to save more or to work longer. The longer that people remain healthy and stay in the labour market, the greater their potential to save, increasing the likelihood that they will be able to pay for their care and live in a social setting that supports their wellbeing in old age.



Thematic questions:

Pensions

- Across society, are people likely to have enough income to support the needs of a longer life?
- Who is at risk?
- What might governments do to stimulate more savings?
- What is the role of the state, the employer and the individual to ensure adequate personal pensions?
- How is the shift from defined benefit to defined contribution schemes playing out in practice?
- Are individuals being given adequate incentive (and portable pension products) to provide for longer lives and careers with fewer 'jobs for life'?
- Are companies under sufficient pressure to protect pension pots?
- With the expectation of longer lives, should the retirement age be adjusted, or even individualised? Was Trudeau right to reverse the policy of his predecessor to increase the retirement age from 65 to 67?

Other issues:

- Do we need greater support for people seeking to remain in work or return to it?
- Does more need to be done to combat workplace or other discrimination on the basis of age? This includes for example access to mortgages and insurance as well as vulnerability to fraud.
- Health and safety implications of work into older age.
- The market in UK has failed to provide insurance against a need for long-term care. Should the state intervene to try to fill this gap?

14.45: TEA

15.00: Breakout Groups

Breakout Groups

Breakout Group 1: End of Life Care

UK co-chair: Dr Richard Smith, Lancet Commission on the Value of Death

Canada co-chair: Dr Sandy Buchman, President, Canadian Medical Association

Thematic questions:

- How can governments achieve better value for money through a palliative care approach?
- What can Britain learn from Canada's experience of MAID (medical assistance in dying)?
- What is the future for palliative care and hospices? How can the experience of dying in acute hospitals be improved?

Breakout Group 2: Dementia/diabetes/genetic research

UK co-Chair: Prof David Gems, Institute of Healthy Ageing, UCL

Canada co-chair: Prof John Muscedere, Scientific Director of the Canadian Frailty Network (CFN)





Thematic questions:

- Which developments in medicine are likely to have the greatest impact on healthy life expectancy over the next 20 years?
- What are the public policy implications of the latest medical research?
- Will the availability of new treatments (especially 'personalised' medicine) have different implications for the richest and poorest in society?

Breakout Group 3: Safe, accessible, affordable housing

UK co-Chair: Lord (Richard) Best, former head of Joseph Rowntree Housing Trust

Canada co-chair: Dr Suzanne Dupuis- Blanchard, Research Chair in Population Ageing CNFS- University of Moncton

Thematic questions:

- What public policies would drive an improvement in the condition and accessibility of existing housing?
- Should there be action to encourage more 'equity release'?
- Should there be mandatory minimum accessibility standards for all new housing?
- How best to encourage an integrated approach to 'age-friendly communities'? Where are the best examples, and what can we learn from them?

Breakout Group 4: Digital Innovation, especially as a driver of intergenerational initiatives

UK Chair: George MacGinnis, Challenge Director, Healthy Ageing, UK Research and Innovation

Canada Co-Chair: Dr. Peter Loewen, Professor, Munk School of Global Affairs and Public Policy, University of Toronto.

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- How will digital innovation help to empower, support and protect ageing societies?
 - Can new technology also help to promote the engagement of youth, and inter-generational approaches? How do young entrepreneurs see the challenges and opportunities?
 - Both UK and Canada have legislation against ageism, yet attitudes have been slow to change. Do we sufficiently value qualities of wisdom and experience? Could we harness them more effectively? Does new technology have a role in this?
 - The 'internet of things' and the role it can play, for example in social support.

Foyer: Technology Demonstrations

17.00: TEA

18.45: Bus to Trinity Hall

19.00: DRINKS at Trinity Hall





19.30: DINNER, Graham Storey Room, Trinity Hall
Speaker: Dr David Halpern, Chief Executive, Behavioural Insights Team

21.30: Depart for Møller Centre

Sunday 24th November

08.15: BREAKFAST

Session 5: Report from Break Out Groups

09.00: Report Back from the four breakout groups.

Session 6: Priorities for Action

UK lead: Anna Dixon, Director, Centre for Ageing Better
Canada lead: Mr. Michael Nicin, Director, National Institute on Ageing

10.00: What needs to change, in each country? Who needs to act? How can they be persuaded to do so?

- What are the implications of longer lives and later retirement for the young (and especially those entering employment for the first time)? What of career prospects in middle life?
- Is 'retirement' a concept that has had its day?
- How will longer working lives influence the incidence of multi-generational households (and should childcare by grandparents be rewarded?)
- How can local communities better support an ageing population? (WHO Age Friendly Communities – who is driving this agenda in Canada and UK?)
- Is the private sector best placed to improve the well-being of an older population - and, if so, how can it contribute? What is the right role for government?
- UK's Industrial Strategy for Ageing. Is there a Canadian parallel? Can we learn from one another?

Session 7: Concluding Remarks

11.00: Concluding Remarks for Chairman and Rapporteur

11.30: BRUNCH AND CLOSE



NB: SHUTTLE BUS TO THE LHR AIRPORT LEAVES AT 13:00 from the lobby



CANADA-UK COLLOQUIUM 2019: The British Delegation

- **Colin Armstrong**, Deputy Head of Global Economic Issues Department and Deputy Chief Scientific Adviser
- **Lord Richard Best**, Chair of the Centre for Social Justice Housing Commission
- **Prof Dame Carol Black**, Principal Newnham College and Chair of the Centre for Ageing Better
- **Sam Blyth**, Chairman Blyth- Templeton Academy
- **Prof Carol Brayne**, Director of the Cambridge Institute of Public Health
- **Anthony Cary**, Chairman CUKC
- **Lawrence Churchill**, Chairman of Clara Pensions, Chairman of the Pensions Policy Institute
- **Victor Dahdaleh**, Owner and Chairman, Dadco
- **Dr Anna Dixon**, Chief Executive Centre for Ageing Better
- **Nigel Edwards**, Chief Executive, Nuffield Trust
- **Prof Eilís Ferran**, Pro-Vice-Chancellor, University of Cambridge
- **Lord Geoffrey Filkin**, Chairman
- **Prof David Gems**, Institute of Healthy Ageing at UCL
- **Dr David Halpern**, Chief Executive, Behavioural Insights Team
- **Prof Sarah Harper**, Director of the Oxford Institute of Population Ageing
- **Heléna Herklots**, Older People's Commissioner for Wales
- **Gale Jenkinson**, Executive Secretary, CUKC
- **Paul Johnson**, Director, Institute of Fiscal Studies
- **Professor Ashwin Kumar**, Professor of Social Policy, Manchester Metropolitan University
- **Dr. Bo Larsen**, Canada-UK Foundation Post-Doc fellow
- **George MacGinnis**, Healthy Ageing Challenge Director, UK Research and Innovation
- **Dr. Karol Nowicki-Osuch**, Canada-UK Foundation Post-Doc Fellow
- **Lis Robinson**, Head of Fuller Working Lives, Department for Work and Pensions
- **Rosamond Roughton**, Director for Adult Social Care, Department of Health & Social Care
- **Dr Mike Short**, Chief Scientific Adviser, Department for International Trade
- **Dr Richard Smith**, Lancet Commission on the Value of Death
- **Nicolas Maclean**, CUKC
- **William Swords**, CUKC and Canada-UK Foundation
- **Melanie Wicklen**, CEO AgeUK Cambridgeshire and Peterborough
- **Tina Woods**, Co-founder and CEO Longevity UK





CANADA-UK COLLOQUIUM 2019: The Canadian Delegation

- **Dr. Howard Bergman**, MD, FCFP, FRCPC, FCAHS, Assistant Dean, International Affairs in the Faculty of Medicine & Chair, Department of Family Medicine, McGill University
- **Dr. Sandy Buchman**, CCFP (PC), FCFP, President, Canadian Medical Association & Freeman Family Chair in Palliative Care, North York General Hospital
- **Dr. Mel Cappe**, OC, Co-chair, 2019 CUKC organizing committee & Professor, Munk School of Global Affairs and Public Policy, University of Toronto
- **H.E. Mrs. Janice Charette**, High Commissioner for Canada in the United Kingdom of Great Britain and Northern Ireland and Permanent Representative of Canada to the International Maritime Organisation Denise Cole, Deputy Minister, Ontario's Seniors Ministry
- **Denise A. Cole**, Deputy Minister of Ministry for Seniors & Accessibility, Province of Ontario
- **Dr. Jocelyne Downie**, CM, FRSC, FCAHS, MLitt, SJD, James S. Palmer Chair in Public Policy and Law, Dalhousie University
- **Dr. Suzanne Dupuis-Blanchard**, RN, Research Chair in Population Aging, University of Moncton
- **Daniel Fontaine**, CEO, British Columbia Care Providers Association & Past Chair Canadian Association for Long-Term Care
- **Marie-Lison Fougère**, Deputy Minister of the Ministry of Francophone Affairs and Deputy Minister of the Ministry of Long-Term Care, Province of Ontario
- **Graham Fox**, President and CEO, Institute for Research on Public Policy
- **Isaac Gazendam**, Massey Junior Fellow
- **Amir Golbang**, Trade Commissioner, High Commission of Canada in London
- **Janet Goulding**, Assistant Deputy Minister, Employment and Social Development Canada
- **John Ibbitson**, Writer at Large, *The Globe and Mail*
- **Prof. Janice Keefe**, Director, Nova Scotia Centre on Aging
- **Dr. Peter Loewen**, Professor, University of Toronto
- **Dr. Bonnie-Jean MacDonald**, FSA, Director of Financial Security Research, National Institute on Ageing, Ryerson University
- **Husayn Marani**, Massey Junior Fellow
- **Liam Greg McCoy**, Massey Junior Fellow
- **Dr. John Muscedere**, Scientific Director, Canadian Frailty Network
- **Michael Nicin**, Executive Director, National Institute on Ageing, Ryerson University
- **Dr. Tina J. Park**, CUKC Project Manager & Executive Director, Canadian Centre for R2P, University of Toronto
- **Dr. Parminder Raina**, Canada Research Chair in Geroscience, McMaster University
- **Anna Romano**, Vice President of the Health Promotion and Chronic Disease Prevention Branch, Public Health Agency of Canada
- **Dr. Samir Sinha**, 2019 CUKC Co-Chair & Peter and Shelagh Godsoe Chair in Geriatrics and Director of Geriatrics, Sinai Health System and the University Health Network
- **Sonya Thissen**, Minister-Counsellor for Political and Public Affairs, High Commission of Canada in London

Observers

- **Ronald Blanchard**
- **Michèle Dionne**
- **Major Felix Kesserwan, CD, RMC**
- **Colette Pilon-Bergman, MSc**





CANADA-UK COLLOQUIUM 2019: The British Delegation Biographies

Lord Richard Best

CEO National Housing Federation 1973-1988 CEO Joseph Rowntree Foundation 1988-2006
Chair Hanover Housing Association 2008- 2016 Chair All Party Parliamentary Group on
Housing and Care for Older People 2008

Prof Dame Carol Black

Chair of Ageing Better, Professor Dame Carol Black is Principal of Newnham College
Cambridge and Expert Adviser on Health and Work to NHS England and Public Health
England. She chairs the board of Think Ahead, the Government's fast-stream training
programme for Mental Health Social Workers and is a member of Rand Europe's Council of
Advisers, the Strategy Board for the Defence National Rehabilitation Centre, and the Advisory
Board of Step up to Serve. She became chairman of the British Library in September 2018.

Sam Blyth

Educator and entrepreneur with a foot in Canada and the UK. Educated at Pembroke College,
Cambridge where I am a Fellow Commoner. Philanthropist with a deep interest in Bhutan,
issues surrounding longevity and happiness and building civil institutions in the developing
world.

Prof Carol Brayne

Professor of Public Health Medicine and Director of the Cambridge Institute of Public Health
in the University of Cambridge. Her main research has been longitudinal studies of older
people following changes over time with a public health perspective and a focus on the brain.
She is lead principal investigator in the MRC CFA Studies and other population-based studies.
She is a Fellow of the Academy of Medical Sciences, a NIHR Senior Investigator and was
awarded a CBE in the Queen's Honours in 2017.

Anthony Cary

British Ambassador to Sweden (2003-6) and High Commissioner to Canada (2007-10).
Previous diplomatic postings included Berlin, Kuala Lumpur and Washington DC. Served
twice on secondment to the European Commission, latterly as Chris Patten's chef de cabinet.
Chairman of the Canada-UK Council.

Lawrence Churchill

Lawrence has spent over 40 years in Pensions focusing on dignity in later life. His career
includes serving as CEO of 3 Insurance groups, and as the founding Chairman of two UK





institutions - the Pension Protection Fund and NEST. He currently chairs the Independent Governance Committee at Prudential, Clara Pensions (a DB consolidator) and the PPI.

Dr Anna Dixon

Anna is Ageing Better's Chief Executive, leading our vision of creating a society where everyone enjoys a good later life. Anna has more than 15 years' experience of working at the interface of research, policy and practice. She has a successful track record of working at the highest levels of government to bring about positive change. Throughout her career she has been committed to ensuring the voice and needs of the citizen are at the heart of her work.

Nigel Edwards

Nigel is Chief Executive at the Nuffield Trust, prior to which he was an expert advisor with KPMG's Global Centre of Excellence for Health and Life Sciences and a Senior Fellow at The King's Fund. Nigel has a strong interest in new models of service delivery and a practical focus on what is happening at the front line and in wider health care policy in the UK and internationally. As the lead contact for the Nuffield Trust's work for European Observatory on Health Systems and Policies he has advised in developing health systems in Kyrgyzstan, Ukraine, Azerbaijan and Iraq. Nigel is a well-known media commentator, often in the spotlight debating key policy issues.

Professor Eilís Ferran FBA PhD

Pro-Vice-Chancellor for Institutional and International Relations and Professor of Company & Securities Law at the University of Cambridge, and a Professorial Fellow of St Catharine's College, Cambridge. Eilís has written extensively on UK, EU and international financial regulation, company law and corporate finance law. As Pro-Vice-Chancellor she has strategic responsibility for Cambridge University's staff policies and significant international academic partnerships.

Lord Geoffrey Filkin

Chair of Strategic Advisory Board, developing a National Strategy for Healthy Life Expectancy for the All-Party Parliamentary Group for Longevity. Previously Chair of Centre for Ageing Better. Chair of the House of Lords Select Committee on Ageing - Ready for Ageing. Has worked in all sectors, as a CEO, Chair, adviser, and government Minister.

Prof David Gems

David Gems is a Professor of Biogerontology at the UCL Institute of Healthy Ageing, where he is Research Director. He has a degree in Biochemistry from Sussex University and a PhD in Genetics from Glasgow University. He established his research group at UCL working on the biology of ageing in 1997 with a Royal Society University Research Fellowship. His research aims to understand the causes of ageing using simple animal models such as the nematode *Caenorhabditis elegans*.





Dr David Halpern

I am Chief Executive of the Behavioural Insights Team. I have led the team since its inception in 2010. Prior to that, I was the founding Director of the Institute for Government and between 2001 and 2007 was the Chief Analyst at the Prime Minister's Strategy Unit. I was also appointed as the What Works National Advisor in July 2013.

Prof Sarah Harper

Sarah is Clore Professor of Gerontology at the University of Oxford, a Fellow at University College, and the Founding Director of the Oxford Institute of Population Ageing. She was appointed a CBE for services to Demography. Sarah served on the Prime Minister's Council for Science and Technology, which advises the UK Prime Minister on the scientific evidence for strategic policies and frameworks. She served as the Director of the Royal Institution of Great Britain, and is currently a Director of the UK Research Integrity Office and a member of the Board of Health Data Research UK. She chaired the UK government's Foresight Review on Ageing Populations (2014-2016) and the Evaluation Board of the UN Active Ageing Index. She is a Governor of the Pensions Policy Institute. She is a Fellow of the Royal Anthropology Institute. She holds a Royal Society for Public Health Arts and Health Research Award for her research.

Heléna Herklots CBE

Heléna Herklots CBE is the Older People's Commissioner for Wales, an independent statutory role to protect and promote the rights of older people. Prior to taking up post in 2018 Heléna was the Chief Executive of the charity Carers UK and has over 30 years' experience in the field of ageing and older people. She is a trustee of the Centre for Ageing Better.

Paul Johnson

Paul has been director of the IFS since 2011. He was previously chief economist at the Department for Education, a director at HM Treasury and deputy head of the Government Economic Service. He is a columnist for The Times, a member of the Climate Change Committee and of the Banking Standards Board. He was appointed CBE in 2018

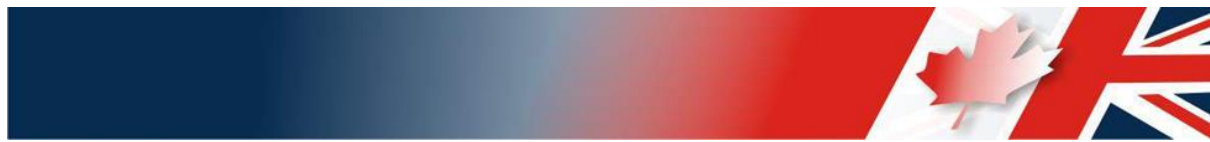
Prof Ashwin Kumar

Ashwin Kumar is Professor of Social Policy at Manchester Metropolitan University. He has also worked as Chief Economist of the Joseph Rowntree Foundation, Senior Economic Adviser at the Department for Work and Pensions, as Rail Director of the consumer watchdog Passenger Focus, and as an economic adviser to Gordon Brown.

Dr Bo Larsen UK-Canada Foundation Fellow

Bioengineer interested in building synthetic biological circuits that can modulate plant developmental processes and agronomic traits via non-natural light stimuli. Postdoctoral scientist at the Sainsbury Laboratory Cambridge University and Canada UK fellow in entrepreneurship and innovation.





Nicolas Maclean

After an Honours Degree in PPE at Oriel College, Oxford, Nicolas Maclean pursued a career in banking and insurance, finishing as Group Adviser, Asia, for Prudential Corporation and Executive Director, Prudential Corporation Asia Limited. While an international consultant, he served as Senior Adviser, China, for Bupa.

Nicolas was also involved in issues of health provision and social care during fifteen years as part-time Political Assistant to Conservative leader Margaret Thatcher and eleven years as an elected Councillor of the Royal Borough of Kensington and Chelsea. He initiated Chelsea Conservative Car Helpers, a local precursor of the Dial-a-Ride service for the elderly. For twenty years he served on the International Committee of the Leonard Cheshire Foundation, Britain's foremost charity for disabled people. He has been a Canada-UK Council Member for eleven years.

Karol Nowicki-Osuch UK-Canada Foundation Fellow

Karol is a Research Associate at the MRC Cancer Unit and a fellow of the Canada UK Postdoctoral Fellowships for Innovation and Entrepreneurship. His research bridges the gap between molecular and clinical biology and he studies early stages of oesophageal cancer development focusing on the detection of the diseases.

Dr Mike Short CBE

After 30 years in telecommunications with Telefonica, joined the Department for International Trade (DIT) as the department's first Chief Scientific Adviser in December 2017.

Dr Richard Smith

Richard Smith was once the chair of the BMJ and chief executive of the BMJ publishing Group. He is now chair of the Lancet Commission on the Value of Death, the UK Health Alliance on Climate Change, the Point of Care Foundation, and Patients Know Best. He blogs regularly for the BMJ.

William Swords

Experienced senior business leader with 30 years of banking expertise gained primarily in London leading Scotiabank's European Corporate Banking business line. A Corporate Director, former Chair of a UK domiciled mid-sized pension fund, past President of the Canada-UK Chamber of Commerce, Chair of the Canada-UK Foundation and a Fellow of the Institute of Directors.

Melanie Wicklen

Chief Executive of the local independent charity, which forms part of the Age UK Brand Partnership. Age UK Cambridgeshire and Peterborough exists to provide support to older people and their carers. We aim to prevent poverty, tackle isolation, through service delivery





and work with and for our older population to address matters important at a local and national level.

Tina Woods

Tina is CEO and Co-founder of Longevity International, that runs the All-Party Parliamentary Group for Longevity focussed on developing a National Strategy to give 5 extra years of healthy life expectancy to British citizens by 2035 while closing the social gap. Tina Woods is also CEO and Founder of Collider Health, a health innovation catalyst working with organisations in both private and public sectors (including NHSX, AHSNs, and UKRI) to accelerate innovation and transform health with sustainable impact at scale.





CANADA-UK COLLOQUIUM 2019:

The Canadian Delegation Biographies

Dr. Howard Bergman MD, FCFP, FRCPC, FCAHS

Assistant Dean, International Affairs in the Faculty of Medicine, McGill University where he is also Professor of Family Medicine, Medicine, and Oncology. He chaired the Canadian Academy of Health Sciences Panel for the Assessment of Evidence and Best Practices for the development of a Canadian Dementia Strategy, at the request of Public Health Agency of Canada. The report was published in January 2019. In 2009, he authored the Quebec Alzheimer Plan.

Dr. Sandy Buchman

An associate Professor in the Department of Family and Community Medicine at the University of Toronto. He is a palliative care physician providing home-based care as well as providing palliative care to the homeless. He was recently appointed the Freeman Family Chair in Palliative Care at North York General Hospital in Toronto. He was President of the Ontario College of Family Physicians in 2005-2006, President of the College of Family Physicians of Canada in 2011-2012 and is the current President of the Canadian Medical Association. www.cma.ca @DocSandyB

Dr. Mel Cappe

A Professor at the Munk School of Global Affairs and Public Policy, University of Toronto. From 2006-2011, he was the President of the Institute for Research on Public Policy. Prior to that, he served four years as the High Commissioner for Canada to the United Kingdom, and worked as the Clerk of the Privy Council, Secretary to the Cabinet and Head of the Public Service in Ottawa. He is an Officer of the Order of Canada.

The Hon. Jean Charest

As a former Deputy Prime Minister of Canada and Premier of Québec, Mr. Charest is one of Canada's best-known political figures. The Charest government has been best known for a major initiative for the sustainable development of Northern Québec called "Plan Nord". For the International arena, the Charest government initiated an unprecedented labour mobility agreement between France and Québec, and convinced Canada and the European Union to negotiate a broad economic partnership. Jean Charest is Partner at McCarthy Tétrault, a leading Canadian law firm.





Janice Charette

High Commissioner for Canada in the United Kingdom of Great Britain and Northern Ireland and Permanent Representative of Canada to the International Maritime Organization. Janice Charette assumed her responsibilities as High Commissioner for Canada in the United Kingdom of Great Britain and Northern Ireland on September 7, 2016. Prior to this, Ms. Charette served as Clerk of the Privy Council and Secretary to the Cabinet from October 2014 to January 2016 where she served as the principal public service advisor to Canada's Prime Minister in addition to her role as head of the public service. Previously, she was Deputy Clerk of the Privy Council and Associate Secretary to the Cabinet as well as Deputy Minister of Intergovernmental Affairs.

Denise Cole

Appointed as the Deputy Minister of the Ministry for Seniors and Accessibility in the Government of Ontario in July 2019. She has been a member of the Ontario Public Service since 2010 and has held executive positions in several ministries, including Assistant Deputy Minister, Health Workforce Planning & Regulatory Affairs in the Ministry of Health & Long-Term Care. She has also worked in senior positions within Canada's federal, provincial and municipal levels of government. Denise is a graduate of McMaster University.

Jocelyn Downie SJD, FRSC, FCAHS

A University Research Professor in the Faculties of Law and Medicine at Dalhousie University. Professor Downie received an honours BA and MA in Philosophy from Queen's University, an MLitt in Philosophy from the University of Cambridge, an LLB from the University of Toronto, and an LLM and doctorate in law from the University of Michigan. Professor Downie has published numerous books and articles including *Dying Justice*, winner of the 2005 Abbyann Lynch Medal in Bioethics from the Royal Society of Canada. @jgdownie

Dr. Suzanne Dupuis-Blanchard

A Professor at the School of Nursing at the Université de Moncton (New Brunswick) as well as Research Chair in Population Aging and Director of the Centre on Aging. She is the Chairperson of the National Seniors Council and immediate past president of the Canadian Association on Gerontology. Her program of research is on aging in place. @prof_sdb

Daniel Fontaine

Currently the CEO of the British Columbia Care Providers Association and a past Chair of the Canadian Association for Long-Term Care. He has served on a number of boards including the British Columbia College of Psychologists, SafeCare BC and Douglas College. Mr. Fontaine is the recipient of the Queen's Jubilee Medal for Public Service. (www.danielfontaine.ca)





Marie-Lison Fougère

has more than 25 years of experience in the Ontario Public Service where she held senior positions in the Ministry of Education, the Ministry of Training, Colleges, and Universities, and the Ministry for Seniors Affairs and Accessibility. She currently has a dual appointment as Deputy Minister for the Ministry of Long-Term Care and Deputy Minister for the Ministry of Francophone Affairs. She holds a Bachelor's Degree from Dalhousie University, Halifax and a Master's Degree from York University, Toronto. Marie-Lison is fluent in French, English, and German.

Graham Fox

was appointed President and CEO of the Institute for Research on Public Policy in 2011. Prior to coming to the IRPP, Graham was a strategic policy adviser at the law firm of Fraser Milner Casgrain, a vice-president of the Public Policy Forum and executive director of the KTA Centre for Collaborative Government. A policy entrepreneur, Graham's research interests include parliamentary reform, democratic renewal, citizen engagement and federalism. He holds an undergraduate degree in history from Queen's University, where he was a Loran scholar, and a master's degree in political science from the London School of Economics. @foxgw

Isaac Gazendam

A second-year law student at the University of Toronto and a Junior Fellow at Massey College, focusing on environmental and human rights law. Isaac's interest in "Ageing Well" stems first from his personal experience seeing his grandparents face almost impenetrable barriers while seeking adequate care throughout his grandfather's difficult journey with dementia. Isaac's interest in urban sustainability and how to create socially, economically, and environmentally sound, accessible, and sustainable communities naturally includes how to make these communities fully inclusive of ageing citizens.

Amir Golbang

A Trade Commissioner at the Canadian High Commission in the UK. Amir joined the Commercial division in 2011 where he had been supporting Canadian Life Sciences companies with UK market entry and partnerships. Previous to this role, Amir was a business development executive. He is also a Cambridge graduate.

Janet Goulding

As a representative of Employment and Social Development Canada, brings over 25 years of public policy, program, and operational experience to her current role as Assistant Deputy Minister responsible for Income Security and Social Development. Her portfolio is responsible for leading the development of social policies and programs that improve outcomes for vulnerable populations and communities who face social and economic challenges. Much of





this work is horizontal in nature, cross-cutting ministerial, provincial/territorial and municipal responsibilities.

John Ibbitson

The co-author, with Darrell Bricker, of *Empty Planet: The Shock of Global Population Decline*. He is Writer at Large at the Globe and Mail, where he has also served as Ottawa bureau chief, Washington bureau chief, and chief political writer. His other books include *Stephen Harper*, his award-winning biography of Canada's 22nd prime minister. @johnibbitson

Dr. Janice Keefe

A Professor and Chair of Family Studies and Gerontology, Director of Nova Scotia Centre on Aging at Mount Saint Vincent University in Halifax, and an adjunct professor in medicine at Dalhousie University. Her research areas include family caregiving, home and long-term care, and rural aging. Dr. Keefe has received recognition for her research, most recently a Global Aging Research Network Award for Applied Research and a Canadian Association on Gerontology's Distinguished Member Award.

Dr. Peter Loewen

A is a Professor in the Department of Political Science and the Munk School of Global Affairs and Public Policy, Senior Fellow at Massey College, and a Fellow of the Public Policy Forum. He works on how citizens can make better choices, how politicians can make better policies, and how technology can improve democracy and society. He received his PhD from l'Université de Montréal. He has held visiting positions at Stanford, Princeton, and Melbourne. (www.peterjohnloewen.com) @peejloewen

Dr. Bonnie-Jeanne MacDonald FSA

FSA, is the Director of Financial Security Research at the National Institute on Ageing at Ryerson University, a Fellow of the Society of Actuaries and the resident scholar at Eckler Ltd. @ActuaryOnAgeing

Husayn Marani

A third year PhD Student at the Institute of Health Policy, Management and Evaluation and a Junior Fellow at Massey College, University of Toronto. His research interests include aging policy, social care and caregiver welfare. His doctoral thesis utilizes a combination of comparative and mixed methods to understand financial risk protection programs for family caregivers of community-dwelling dependent elderly in Ontario, Canada. @husmarani





Liam Greg McCoy

An MD student and Massey College Junior Fellow at the University of Toronto. He is co-enrolled in an MSc in Health Policy, Management and Evaluation focusing on the disruptive potential of artificial intelligence and data science technologies in healthcare. His additional interests include the ethics and philosophy of medicine and technology, and improving clinical decision-making. @liamgmccoy

Dr. John Muscedere MD, FRCPC

A Professor of Medicine at Queen's University and an Intensivist at Kingston Health Sciences Center in Kingston, Ontario Canada. He is the Scientific Director for the Government of Canada funded Canadian Frailty Network (CFN). CFN is dedicated to improving care for frail elderly Canadians through the generation of new knowledge, knowledge mobilization, development of partnerships and training the next generation of highly qualified personnel. www.cfn-nce.ca

Michael Nicin

The Executive Director of the National Institute on Ageing at Ryerson University. Previously, he served as Chief of Staff and Senior Policy Advisor to the Ontario Minister of Seniors Affairs, leading the design and launch of the \$155 million provincial seniors strategy - the first government led seniors strategy in Canada. He also served as the Director of Policy and Strategic Planning for CARP, a 300,000 member based advocacy organization for older Canadians. www.nia-ryerson.ca, @RyersonNIA

Dr. Tina J. Park

The Executive Director of the Canadian Centre for the Responsibility to Protect based at the University of Toronto. She is also a Vice-President of the NATO Association of Canada and a frequent commentator on CBC and CTV. She is an alumna of Trinity College and Massey College, and earned her doctorate at the University of Toronto. She manages the CUKC for the Canadian team. (www.tinapark.ca) @jjwontina

Dr. Parminder Raina

A Professor in the Department of Health Research Methods, Evaluation and Impact at McMaster University, specializes in the epidemiology of aging. He holds the Canada Research Chair in Geroscience and the Raymond and Margaret Labarge Chair in Research and Knowledge Application for Optimal Aging. He is the inaugural Scientific Director of the McMaster Research Institute for Research on Aging and Labarge Centre for Mobility in Aging, and lead investigator of the Canadian Longitudinal Study on Aging. @parminderraina

Anna Romano

The Vice-President of the Health Promotion and Chronic Disease Prevention Branch at the Public Health Agency of Canada. She has over 25 years of experience in providing strategic policy advice and recommendations to decision-makers in ten ministries of the Canadian civil





service. Anna holds Economics degrees from the University of Ottawa (Honours) and Carleton University (MA).

Dr. Samir Sinha MD, DPhil, FRCPC, AGSF

The Director of Geriatrics at Sinai Health System and the University Health Network in Toronto and an Associate Professor in the Departments of Medicine, Health Policy Management and Evaluation, and Family and Community Medicine at the University of Toronto. He is the inaugural Director of Health Policy Research for the National Institute on Ageing (NIA) at Ryerson University. Samir is a highly regarded clinician and international expert in the care of older adults. He has consulted and advised governments and health care organizations around the world and is the Architect of the Government of Ontario's Seniors Strategy and a member of Canada's Federal Ministerial Advisory Board on Dementia. @DrSamirSinha

Sonya Thissen

Sonya is the Minister-Counsellor (Political and Public Affairs) at the High Commission of Canada in London, a role she has held since August 2016. She is responsible for two sections: the political section, which oversees domestic political developments, foreign and security policy issues and the Commonwealth, and the public affairs section, which projects an image of Canada in the UK through communications, social media, advocacy, public diplomacy and cultural promotion.

Observers

Mr. Ronald Blanchard

A Coordinator of Nursing Simulation Labs at the Université de Moncton. He is a registered nurse with experience in orthopaedics and oncology with a special interest in technology for learning. He is recognized for developing visionary nursing simulation labs along with practices for optimal simulation learning such as real-time video auto-evaluation, moulage and much more. He volunteers with local older adult groups and after many requests has developed sessions on learning the iPad.

Mrs. Michèle Dionne

Earned her degree as a special education teacher at the Université de Sherbrooke. For several years, she worked with children with learning difficulties in Quebec schools. Involved in a number of social causes and community projects, she has been principally associated with fundraising campaigns for organizations dedicated to family, the condition of women and development of the arts. She has been active in the Quebec division of the Canadian Red Cross for more than fifteen years during which she was Chair of the annual fundraising campaign. She is also the author of *Missions*, a collection of her photographs taken during her missions around the world with the Canadian Red Cross.





Major Felix KesserwanCD, RMC

An Engineer Officer in the Canadian Armed Forces. The Army Engineers provide Mobility, Counter Mobility, Survivability, and General Support to our Canadian troops around the world. His domains of expertise include Explosive Ordnance Disposal, Counter-IED, Project Management, and Infrastructure. Prior to his current position as Aide-de-Camp to the Commandant of the NATO Defense College in Rome, he served as the ADM(IE) – Real Property Operations Officer for the Province of Quebec.

Mrs. Colette Pilon-Bergman, MSc

A consultant, translator, writer and editor in health and healthcare. She previously was Editor-in-Chief and chief of publications for the *Order of Nurses of Quebec*.



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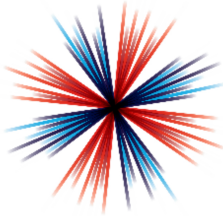


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